BAR HILL NEWS

August 2016; Issue 573

BAR HILL SPORTS & SOCIAL CLUB

Party at the Park
Club Open Day

Sunday 28th August
on the **Village Green**
from **2pm–late**
Come along and join the fun
All Free *while stocks last*

• BBQ • Bouncy Castles • Glitter Tattoos •
• Beat the Goalie • Live Music • Disco •

CALLING ALL JAM-MAKERS!

50+ clean jars, all with lids, free to a good home.
Tel: 01954 201378 (The Spinney)

We very much hope you enjoyed the Bar Hill Fête on 2nd July

Listening to live music

Enjoying the singing in the Church.

— BAR HILL'S GOLDEN JUBLIEE —

On 24th May 1967, Bar Hill's first residents, Mr and Mrs Bob Burry and their daughter Elizabeth moved into their new bungalow at 58 Acorn Avenue.

A Golden Jubilee year is being planned for 2017, from a formal dinner at the beginning of February to a 'big weekend' in October. The pivotal event of the year will be a 'bigger than ever' Fête to be held on 1st July. It is hoped to arrange a visit by a member of the Royal Family at some point during the year.

A commemorative programme will be published at the beginning of the year. This will consist of photographs of the last fifty years as well as a list of events. Village organisations, in organising their programmes for next year, are asked to think of an event or events which can be included in the programme.

If you wish for any further details, please do not hesitate to get in touch.

Roger Hall, Hon Chairman,
Bar Hill Residents' Association, 01954 780304

SING IT OUT

COMMUNITY CHOIR

will restart on **Monday 5th September**
7.30–8.30pm in the **Octagon.**
If you enjoy singing popular songs/musicals then you will be very welcome to join us.
If you need more info please e-mail Mel Stamp at singitout@virginmedia.com.

BAR HILL VILLAGE WEBSITE

www.barhill.org.uk

You can find updates on such matters as the A14 upgrade, Northstowe, Topland and the environment on the Bar Hill Village website, along with lots of other important and interesting information.

If you wish to put an item on the website, get in touch with the webmaster by either follow the links on the website, or e-mail: barhill@machineconcepts.co.uk.

Your Bar Hill News is available – without advertising pages – at www.barhill.org.uk/bhn.php by about 10 days before the paper copy is delivered.

...did you know...

The state flag of Hawaii is the only one to feature the Union Jack?

Deadline for September's edition: 15th August to bhneditor@yahoo.com, or see page 2 or other contacts.

BAR HILL RESIDENTS' ASSOCIATION

2016–17 COMMITTEE:

Chair:	Roger Hall	01954 780304	11 Almond Grove
Vice-Chair:	Paul Goodfield	01954 200228	15 Little Meadow
Secretary:	Anil Pallan	01954 782736	72 The Spinney
Treasurer:	Martin Avery	01954 781233	34 Acorn Avenue
Website:	Mike Nelson	01954 780772	6 Field View
Committee Members:	Jo Hall	01954 780304	11 Almond Grove
	Hilary Whipp	hilary@whipp6.orangehome.co.uk	

BAR HILL NEWS:

Editor:	Jan Cundy	jan_cundy@yahoo.com	
Advertising Coordinator:	Bunty Waters	01954 201421	77 Foxhollow
Distribution Coordinator:	Martin Avery	01954 781233	34 Acorn Avenue

The Objectives of the Association are to act as an intermediary between Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill. Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published, but names and addresses may be withheld. However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Coordinator bunty.waters@ntlworld.com. Quarter-page adverts cost £16.50 per month and must be submitted by the 1st of the month prior to inclusion. These ads are for local businesses and we guarantee publication, but this often results in a waiting list. To help overcome this, we publish Maxi and Mini ads which appear throughout the publication. We cannot guarantee their inclusion, though, due to restrictions of space. Maxi ads (6cmx4½cm–9cmx6cm) are £8.50 per month; Mini ads (6cmx2cm–6cmx4cm) are £5 per month, and should be submitted by 15th of the month prior to their inclusion.

EDITORIAL

There is no charge for Articles, What's On, For Sale and Lost and Found, and these appear at the Editor's discretion. Please submit items by 15th of the month. All telephone numbers without an area code are Crafts Hill (01954). All items can be submitted electronically on disc or to bhneditor@yahoo.com, *[a Word file is best, please]* or hard copy via Parish Council Office.

— THE MAPLE SURGERY —

Tel: **01954 780442; www.mhmaple.co.uk**

Surgery Opening times:

Monday, Wednesday, Thursday	7.00am*–6.30pm
Tuesday, Friday	8.30am – 6.30pm

(appointments available from 7.30am)*

***On the day appointments**: bookable by phone **at 8.30am** for the **mornings** and **at 1.30pm** for **afternoons**.*

Midwife	Thursday	2.00–4.00pm
Physiotherapist	Tuesday	1.00–4.30pm
Podiatrist	Wed. & Friday	8.45am–12 noon
	and	1.00–4.00pm
Orthoptist	2nd Tues. of month	9.00am–12.30pm
Cambs Hearing Help	4th Tues. of month	9.30–11.30am

Out of Hours Emergencies – call **111**
(Cambridgeshire and Peterborough 111 Service)
Health Visitors: (based at Longstanton Surgery): **01954 207612**
Well Child Clinics: 3rd Tuesday of the month 1.00–2.30pm at the Children's Centre, Bar Hill (next to Primary School).

USEFUL TELEPHONE NUMBERS

• Church Office: **01954 206120** • Community Car Scheme: **07496 465330** • Conservative Party (Iris Lay): **01954 205265** • • Happy Hours (Anne Plumb): **01954 780364** • Liberal Democrat Party (Andy Pellew): **07814 871752** • Library (renewals and enquiries): **0345 0455225** • Neighbourhood Watch: **01954 201001** • Parish Council: **01954 780456** • • Police non-emergency: **101** • Post Office: **01954 789285** • Pre-School: **01954 782892** • Samaritans: **01223 364455** • • School: **01954 273305** • Social Club: **01954 781881** • Swavesey Village College **01954 230366** •

— NWR —

CONNECTING WOMEN WHO ARE INTERESTED IN EVERYTHING AND TALK ABOUT ANYTHING

NWR is a national women's organisation with members who enjoy lively conversations both serious and light hearted. It is for women, of all ages, who like to be informed and share ideas by actively participating in the content of meetings. We promote friendship and self-confidence for lively minded women. We invite you to join us. Come along to one of our meetings – you'd be very welcome.

4th Aug. **Research** – research the medical procedure you consider has been the most beneficial to all of us.

18th Aug. **Book Review** – The Einstein Girl.

1st Sept. **It's All Relative** – relationships, personal, famous people. Precise research to be decided!

The Bar Hill NWR group meets informally, at 8pm in members' homes on alternate Thursday evenings. We pay an annual fee of £20.00 and just £1.00 per meeting to cover local costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call Bobby Colver on 01954 781662 or Marie-The Last on 01954 780329.

NWR can also be found on www.nwr.org.uk.

Why not have a look!

HEALTH AND WELLBEING CLUB

Normally held on the second Tuesday of the month between 2–4pm in Tesco Community Room, the group focuses on all aspects of promoting and maintaining good health in every area.

We start with a chair based exercise activity followed by advice from one of Tesco's departments, such as opticians, Nutricentre. This can include samples of healthy food and demonstrations. This is a unique and friendly group and is an ideal place to meet new people.

Upcoming dates: **9th August** and **13th September**.

For further information, contact Wendy Arrowsmith on 01954 781381 or Sue Kenchington on 01954 780260.

BAR HILL COMMUNITY MARKET

3rd September
1st October
5th November
10.30am – 2pm
In the Octagon CB23 8EH

— Entry is Free —

All profits go to community/charity projects.

Refreshments and BBQ *(weather permitting)*

If you wish to be part of the market please contact Karen Austen on 01954 781085.

e-mail: bar.hill.community.market@gmail.com;

Facebook: Bar Hill Community Market.

— HAPPY HOURS —

Our Club meets most Mondays in the Octagon building of Bar Hill Church and runs from 11am–3pm, with coffee, tea and light lunches. Our Summer lunch time menu consists of various salads *(cheese, salmon or a meat option)* or ploughman's lunch, at £2 each. Our aim is to provide friendship and companionship so why not come along and give us a try? You can have a good old natter, a game or two, or enjoy various other activities. We would welcome new members.

On 27th June we had a very interesting hobbies and collection day with topics ranging from Swarovski crystal – the highlight of the day – so sparkly and beautiful, to stamps, coins, miniature post boxes, memorabilia and music boxes.

On 4th July we had our 'All things American' theme to celebrate their Independence Day. During the day we had American cookies, sweets and Twinkies. In the afternoon we enjoyed an hour of line dancing by Debbie Walker and her line dancing ladies with the opportunity to learn and try a few dances ourselves. A very big thank you to Debbie and all her dancers.

Coming up in August:

1st: an amateur variety show of sorts called 'Let us Entertain You';

8th: the theme is 'Old Wives Tales & Old Sayings and their meanings';

15th: a 'Taste the Difference' day – can you tell which is which in a comparison of Low vs. High sugar/fat products?

22nd: Bingo and a quiz;

29th: NO CLUB MEETING.

Anne Plumb, 01954 780364

— BAR HILL SCHOOL PTA —

Wow – what an amazing year we have had!

We would like to send thanks to everyone that has helped the PTA achieve this, in particular the committee that give up their precious time to help raise the crucial funds the school needs to enhance your children's learning environment.

We have had some amazing events this year, from bingo nights to the school fun day, which this year saw for the first time "The Fluffy Wangers" a band of Bar Hill residents including parents. We would like to thank Contract Flooring Services (CFS) who saved the day by donating the flooring for the band to play on.

Next year's diary is already filling up:

Pamper Evening – Friday 9th September from 6.45pm

PTA AGM – Monday 19th September 7.30 pm in the studio

Christmas Fayre – Saturday 3rd December

Quiz Night – Saturday 28th January

For more information the PTA can be contacted via the school office: Office@barhill.cambs.sch.uk.

— BAR HILL BOOK CLUB —

The Book Club meets monthly on Tuesdays at 7pm in the Fox, Bar Hill.

We offer a lovely welcome, good company and great book choices.

Contact : sheilafarrar@hotmail.co.uk

— LETTERS —

Dear Editor

With regard to M. Allen's letter about planes over the village, I live in Appletrees, near the road/field and have also noticed the high number of planes doing acrobatic manoeuvres above my house. Are they flying from Bourn airfield as someone suggested to me or another nearby airfield perhaps?

It would be good to know, maybe from the Parish Council, if there are any rules or regulations regarding planes doing loop-the-loops over residential houses in the village. Surely it should only be allowed over fields? I have no issue with older planes flying overhead but am concerned about the high number carrying out such manoeuvres over a built up area.

S. Moseley

Dear Editor

May I please add my ten pennyworth to the debate over light aircraft which, very occasionally, entertain many of us with aerobatic manoeuvres.

Firstly, Mr Allen refers to the aircraft as flying over populated area. Well, before the aircraft is allowed to fly the pilot has to register his intent, giving information as to where s/he intends flying and I am fairly certain that, the area s/he flies in is classed as a safe area. Also according to the Civil Aviation Authority, s/he must not fly below 3,000 feet.

Regrettably, Mr Allen refers to the Shoreham air crash. I say regrettably as the plane that crashed at Shoreham was a stunt plane and not performing aerobatics. I also believe that the pilot at Shoreham had been involved in one or two mishaps on previous occasions.

If Mr Allen is hell bent on spoiling others' enjoyment, he must first keep accurate records of when the aircraft flies, the duration of the flight and the noise intensity. This also needs to be corroborated by at least one independent person. He then needs to contact the CAA with the registration mark of the aircraft, who should notify him of the pilot's details. When he has done that he can go to the Department of the Environment to lodge a formal complaint.

I'm sorry Mr Allen, but I for one enjoy the impromptu displays and would be happy for them to continue – but with one caveat, that should the pilot(s) read this letter, they take me up on one of their flights. One word of warning though, I will probably be very ill!

Peter Manders

Much of the information in Mr Manders' letter is found in Section 3 of *The Rules of the Air Regulations 2007*. I understand the aircraft are likely from Gransden or Duxford air fields, as Bourne has few if any aerobatic aircraft based there. *Ed.*

– COMPUTER BUDDYING –

from 2–3pm on Tuesdays at Bar Hill Library.
Free help with computers and basic IT skills aimed at beginners over 50yrs. Booking required.

— BAR HILL HEALTH WALKS —

Free every Wednesday morning

Meet at Maple Surgery at 10:30am

Our walks are all weather (in case of rain you will find us under the church porch), free, and accessible to all, particularly those who are currently inactive.

Walks are 45–60 minutes long, and led by trained Volunteer Walk Leaders. Shorter walks may be available; contact Patricia or Josephine to discuss.

We meet locally after the walk for a hot drink and a chat. This is usually in the library, but may sometimes be at Costa, Tesco, or the Fox.

If this is your first walk please arrive 10 minutes early to complete a short Health Questionnaire. Copies are available on the PPG noticeboard in Maple surgery, and at www.walkingforhealth.org.uk.

Contact: Patricia Daniels T: 07917 874402; E: danielsoohn@btinternet.com; or Josephine Powell T: 07901 558108; E: jopowell45@hotmail.com.

– 8 O'CLOCK CLUB –

We are a women's group who meet on the first Thursday of the month in the lounge at the school. We have a variety of speakers as well as an annual garden party, birthday party and Christmas meal.

Our meetings for the following term are:–

1st September – Enrolment evening. Our charge is £10 for the year to cover the cost of the hiring the school and to pay for speakers, plus 50p per meeting to cover coffee and raffle. **Please note** for this month only, due to building work at the school, **we will be meeting the Octagon** at the church.

6th October – Ian Cooper – Living with a motor home.

3rd November – tba

1st December – Christmas meal.

If you would like further information please phone Barbara on 01954 204171, Adela on 01954 204265, Ann on 01954 204687, or come along to one of our meetings, we would be very pleased to meet you.

— BAR HILL FOOTBALL PROJECT —

3G Astro facility available for hire in Bar Hill
For more details contact Julie Marin, Bookings Secretary, 01954 781838 or 07770 687437.

HAIR2U

Professional Mobile Hairdressing covering Bar Hill and surrounding areas. Call Caroline on 07843 238718

— OVER VILLAGE MARKET —

Local produce, Crafts & Artisans on the Green
Come to peruse the local goods.
Linger for a chat, or stop for a cuppa.
The Village Market is held on Saturday mornings approximately every 6 weeks.
Our 2016 dates (10am–12.30pm) are:
• 10th September • 15th October • 26th November •
Facebook: OverVillageMarket
Stallholder info: OverVillageMarket.co.uk.

BAR HILL PARISH COUNCIL

Sue Bell, Parish Clerk: 01954 780456
e-mail: bhillpc-1@btconnect.com.
Please note that the office is open to Residents between **9am–11am Monday, Tuesday** and **Wednesday**.
Visit our website: www.barhill.org.uk for updates on local matters.

- Contractors from **Highways England** are investigating areas near the roundabout for drainage information.
- Please contact the office to tell me if the **kerbside collection of electrical goods** worked for you.
- Residents can help our **grounds and grass contractors** by:
  a) ensuring green spaces are kept cleared so the team can mow and strim unhindered, and
  b) keep an eye on the ground near fences to remove self-seeded bushes and trees while they are still small.

  Residents have a responsibility to keep the area behind their fences tidy and safe.
- **Vehicles are not permitted to park or drive over the green amenity areas** at any time. Any concerns regarding the condition of the public rights of way, faulty street lights, adopted roads and paths should be reported immediately to the County Council: www.cambridgeshire.gov.uk/info/20081/roads_and_pathways/10/roadworks_and_faults. Let us know too so we can monitor and take up recurrent problems with the County Council.
- The **sale of The Willows** offices is progressing.

The next **Parish Council meeting** will be held on **Thursday 18th August** at **7pm** in the Parish Council Office. Members of the public and press are welcome. There is an Open Forum at the start of each meeting for residents to put their views across. Minutes of the previous month's meeting are on the village notice board.
Items for the agenda must be placed with the Clerk at least seven days before the relevant Committee/Full Council meeting.

Handy telephone numbers:
Streetlights: 0800 253529 – *give number of lamp post;*
Anglian Water *(water supply and sewerage)*: **03457 145 145;**
South Cambs District Council: 03450 450500;
County Council *(damaged paths and roads)*: **01223 717111;**
Abandoned Tesco trolleys: Trolley Wise: 0800 3161241.

COMBERTON RAMBLERS CLUB

Comberton Ramblers Club walks on alternate Sundays, starting at 10.15am. Walks are from 4–7 miles, usually ending near a public house.
We are a friendly and informative group that enjoys exploring the varied countryside in this area. New walkers are welcome to join us with up to two free walks; if you enjoy them we request that you become a member.
From 1st September 2016 our membership fee is £8.50 per year; free to under-18s.
Our Autumn Walks Programme starts on 4th September 2016 with a 4½ mile walk to Horseheath.
For further details on how to join our sociable rambling group, please contact Stella on 01954 210049; or stella.ramblers@hotmail.com.

healthwatch Cambridgeshire

YOUR LOCAL HEALTH AND CARE CHAMPION

There are lots of important conversations happening presently about the future of local health and care services. Healthwatch Cambridgeshire makes sure you are listened to when decisions are made, and is there to ask questions on your behalf.

Some of the conversations we've been involved in recently include:
- Hinchingbrooke Hospital merger.
- Care at Addenbrookes and the Rosie.
- The future of older people's health care and adult community services.
- Children and Young people's mental health.
- Crisis mental health care.
- NHS 111 and out of hours GP care.

We have also published Thriving, a report into children and young people's mental health. We wrote it to help ensure children and young people are listened to by local commissioners and providers. It is being used to help redesign children and adolescents' mental health services.

Talk to us...
We need know how health and care is working in Cambridgeshire, for you and the people who are important to you. We will listen to your experiences and share them with the people who make decisions about local services, without identifying you.

We also provide an Information Service and can help you find out about:
- health and social care services near to you;
- what to do if you have a concern or complaint;
- organisations that can give you help or advice.

We are always happy to talk to local groups and attend events, so please do invite us.
Contact us www.healthwatchcambridgeshire.co.uk or call 01480 420628. Follow us on Facebook: Healthwatch Cambridgeshire; Twitter: @HW_Cambs.

— SUMMER AT THE MUSEUMS —

from 22nd July – 31 August 2016

Discover summer adventure on your doorstep...
Pack more into your summer holidays and join museums in Cambridge and beyond for some family fun and adventure. Taking place in venues throughout Cambridge and the county, Summer at the Museums brings you everything from craft activities and storytelling to drop-in events and museum trails. Whether it's something to do on a rainy day, an outing close to home, or a bit of hands-on creativity, we have loads of activities and events for you to choose from, many of which are free.
Our Summer at the Museum's *What's On* guide provides full details about what's happening and where. You can pick up a copy from all participating venues plus various locations across the county. For up-to-date information on what's happening when, go to www.cam.ac.uk/museums/summer or follow us on Facebook or Twitter.

— CHURCH MATTERS —

Bar Hill Church is a Local Ecumenical Partnership of five denominations – the Church of England, the United Reformed Church, the Methodist Church, the Baptist Union and the Society of Friends. The Minister is Charles Mather, who may be contacted on charlesmather20@yahoo.com; T: 01954 277119.
The church Facebook page is at https://facebook.com/barhillchurch, and our Twitter account is @BarHillChurch. Please consider 'liking' us on Facebook and following us on Twitter.

SERVICES FOR AUGUST

Everyone is welcome to attend our services which will be held at the following times:
Sunday 7th 10.00am Holy Communion
Sunday 14th 10.00am Morning Worship
Sunday 21st 10.00am Holy Communion
Sunday 28th 10.00am All Together Worship
There will be no Evening Services in August and no Midweek Communion.
There will be no Messy Church in August.
Totzone, a group for pre-school children, is available during 10.00am services.
10.00am services are followed by tea/coffee, and there is a Traidcraft stall selling a range of fairly traded products.

PRAYER FOR STREETS

Each month we pray for people in two streets and during August we will be praying for **The Brambles** and **Stonefield**. If residents have a particular prayer request for themselves or their family they are welcome to email Ginny on outreach@barhillchurch.org.uk.

— GROUPS FOR ADULTS —

HOME GROUPS

Various groups meet in homes around the village and provide an opportunity to discuss Christianity with a friendly group of people and to enjoy one another's company. Most groups meet twice a month. If you would like to know more, please contact Bob Chappell on education@barhillchurch.org.uk; 01954 200987.

KNIT & NATTER

This group will not be meeting in August but resumes in September. This is a long-established group which meets weekly on Thursday afternoons from 1.15–3.30pm in the Octagon. We are a friendly group who support one another, and other groups who need our help. We send hats, jumpers and blankets to wherever they are needed throughout the world. We hold a number of events during the year, including outings, coffee mornings, a Christmas lunch, and 'Holiday at Home' at Easter. Everyone is very welcome, whether to knit, or just to chat and meet new friends. For more information, please contact Sue Kenchington on 01954 780260.

— GROUPS FOR ADULTS —

BRING YOUR OWN CRAFT GROUP

The craft group is open to anyone who enjoys or would like to start knitting, crochet, card-making or any other creative crafts. We meet in the Octagon from 2.15 to 4.45pm one Saturday each month for a couple of hours' chatting, crafting and enjoying a chance to unwind. Please bring your own craft activity and materials – refreshments are provided.
Next meeting: **24th September**. Contact Wendy on 01954 782041 for more details.

COFFEE STOP

This group is run by volunteers on Wednesdays from 10.00am–midday in the Bar Hill Library. Coffee, tea and biscuits are served at a modest price. We aim to provide a friendly meeting place to chat with friends old and new. The Coffee Stop is used regularly by the Bar Hill Health Walkers, and by members of the Horizon Group. We are grateful to library staff for accommodating us and would love to welcome new people to join us. We encourage everyone to borrow a library book regularly to help keep this facility available for our village. For more information, please contact Sue Kenchington on 01954 780260.

ECO GROUP

The group meets for an hour in alternate months to think about how we, as a local community, can best use our world's resources both for our own benefit and for that of future generations. For further details and details of our next meeting, please contact Marguerite on ecogroup@barhillchurch.org.uk.

ART GROUP

Whether you are a complete beginner or an experienced painter, this group will give you a warm welcome. It meets on Wednesday afternoons throughout the year, including August, from 1.30–4.00pm in the Church.
Meetings are very informal, with occasional visits from tutors. If you are new to painting, materials are available to borrow to help you get started. For further information, please contact Jan Hewins on 01954 201495.

MUSIC GROUP

This group meets at 7.30pm on most Friday evenings in the Church to practise the music for Sunday services. If you sing or play and instrument, you would be very welcome to join us. For further details, please contact Bob Chappell on education@barhillchurch.org.uk.

— FOR SALE —

1. Small painted chest of drawers – £10;
2. double book shelves slatted shelves, may need some work to make more stable – free;
3. some pond plants free if you can make use of them.

01954 201269

— CHURCH MATTERS —

— GROUPS FOR CHILDREN —

MESSY CHURCH

This group for pre-school and primary age children and their carers meets in the Octagon from 3.15–5.15pm on the 3rd Wednesday of each month, **except August**. Each session begins with craft activities followed by a story and song on a Bible theme, and ends with a simple meal. The next Messy Church will take place on **21st September**. For more information, please contact Heather at cyp@barhillchurch.org.uk.

— GROUPS FOR CHILDREN & YOUNG PEOPLE —

CAFÉ CHURCH

As an alternative to the Sunday morning service, the children and young people meet in the Octagon on the 1st and 3rd Sundays for breakfast, worship and a learning activity. Kidzone for primary school children only is on the 2nd Sunday morning in the Octagon. A crèche is also available during morning services, in the meetings room.

— GROUPS FOR YOUNG PEOPLE —

REBOOT

(2nd Sunday of the month)

This informal evening service, held from 6.30–8.00pm, is for adults and young people. It begins with cake, biscuits and drinks and uses contemporary music and format.

CELL GROUPS

These groups of young people meet once a month to learn about the Bible and the Christian faith.

YOUTH SOCIALS

An opportunity to relax and play games (including Wii, Pool, Table Tennis), or themed parties on the first Sunday per month from 7.15–9.00pm in the Octagon (school year 7–8s may be collected at 8:30pm).

SOUL SURVIVOR CAMP

This will take place from 13th–17th August at the Bath & West Showground near Shepton Mallet. Over 20 of us go every year (age range 14+) and have a super time and fantastic food.

For more information about any of these and other activities for children and/or young people, please contact Heather at cyp@barhillchurch.org.uk.

FOR MORE INFORMATION about any of these and other activities for children and/or young people, please contact Heather at cyp@barhillchurch.org.uk.

SWAVESEY GP SURGERY

58 Boxworth End, Swavesey CB24 4RA. T: 01954 230202
www.swaveseysurgery.nhs.uk

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

The Catholic Church serving Bar Hill
Hills Road, Cambridge

Parish Priest: **Rt. Rev. Mgr Eugene Canon Harkness** Tel: 01223 350787
Local contact: **Bunty Waters** Tel: 01954 201421

Mon., Weds., Thurs., Friday	8am & 12.15pm
Tuesday	8am & 7.30pm
Saturday	6pm: First Mass of Sundays

Masses in the Parish Church in Cambridge; also 5pm at Cambourne and **6pm** at **The Octagon**, Bar Hill.

Holydays of Obligation 8am, 10am, 7.30pm

Sacrament of Reconciliation

Tuesday	6.45pm (not after Mass)
Saturday	10.30–11.15am, 4.30–5.15pm, 7.00–7.45pm

Details of other services are published in a weekly newsletter available at the 6pm Mass each Saturday. Copies are also available in the Church Centre.

BAR HILL, A SOCIAL HISTORY, 1949–2004

by Roger Hall
A4 format, with many old photographs of the village, 216 pages.
Copies, price £10.00, are still available from the author at 11 Almond Grove, Bar Hill. Tel: 01954 780304, or e-mail: roger.hall90@ntlworld.com.

– WANTED –

Reception Class at Bar Hill School needs kitchen utensils, cups, saucers etc. for their play area *(no china cups)*.
Please contact **Jo Hall**, 11 Almond Grove;
tel: 01954 780304.

HALLMARK HOTEL—JOB VACANCIES

We are currently looking to recruit for the following positions:

- Bar Manager;
- Bar Staff – *flexible hours around school hours*;
- Junior Sous Chef;
- Chef de Partie;
- Commis Chef – Minimum NVQ Level 2 Food Prep.;
- F&B assistants – *flexible around school hours*;
- Receptionists;
- Reservationist;
- Housekeepers – *flexible hours around school hours*;
- Meetings & Events Sales Executive.

Previous experience preferred. Competitive rates of pay. Company benefits.

For further information please contact Emily Spenceley on: 01954 249944; or email your CV to: Cambridge.admin@hallmarkhotels.co.uk.

— BAR HILL VILLAGE HALL —

- Conference Facilities;
- Seminars;
- Committee/Meeting Room;
- Training Days;
- Exam Sessions;
- Wedding Receptions;
- Birthday Celebrations;
- Anniversary Celebrations;
- Charity Events;
- Children's Parties;
- Jumble Sales.
- Kitchen Facilities.
- Excellent Parking and Catering Facilities.

During the week we have the following groups and clubs:

Monday	Helene Jones Dance *(school term time only)*	4.00–8.15pm
Tuesday	Shotokan Karate	5.45–8.00pm
Tuesday	Danielle (Boot Camp)	8.00–9.00pm
Wednesday	Helen Jones (Dance)	4.00–6.45pm
Wednesday	Zumba	7.00–8.00pm
Wednesday	Pilates	8.00–9.00pm
Thursday	Pilates *(term time only)*	10.00–11.00am
Thursday	Weightwatchers	7.00–7.50pm
Friday	Stage Starz *(term time only)*	5.45–6.45pm
Friday	Martial Arts	7.45–9.00pm
Saturday	Sweat and Tone	8.00–9.00am
Sunday	Bingo *(doors open 7pm)* Cash prizes	7.30–9.30pm

If you wish to book any of these facilities, or get more information, please call **01954 782414** and leave a clear message. We'll call back within 24 hours Monday–Friday); or e-mail barhill.villagehall@btconnect.com.

— BAR HILL SPORTS & SOCIAL CLUB —

The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens, play pool, darts, skittles and cribbage, or enjoy a drink in our quiet lounge bar.

What's on in August?

Sat 6th	Membership Draw
Fri 12th	Summer Extravaganza
Sat 20th	Membership Draw
Sun 28th	"Party on the Park" open to non-members, *(see page 1)*

Looking Ahead...

Sat 3rd Sept.	Membership Draw
Sat 17th Sept.	Membership Draw
Sun 18th Sept.	Cricket Club Reunion
Sat 1st Oct.	Live Entertainment Singer
Sat 15th Oct.	Abba tribute evening *(Village Hall)*
Sat 29th Oct	Kids Halloween Party *(TBC)*

Not a Member?

New members are always welcome. Join now for £10, Seniors £5. Pop in and have a look around. Please ask the bar staff for a membership form. See our website for opening times.

Visit our website, www.bhssc.org.uk or join us on Facebook at Bar Hill Sports & Social Club.

***BHSSC*, 01954 781881**

NEWSLETTER FROM HEIDI ALLEN MP

I would like to begin by paying tribute to Jo Cox. Her death was tragic and thoughts go to her family. Jo was an inspiration and we owe it to her to carry on fighting for those most in need.

I honestly can't believe I have been your MP for a year! Since I last wrote I've unveiled the new village sign and plaque in Little Shelford, and tied a ribbon across the river Granta in Little Abington to celebrate the joining of the Sawston and Linton Medical Centres. Recent meetings with the BMA, GPs, and staff at Addenbrooke's remind me of the challenges the NHS faces, so I am grateful that this new partnership will be able to offer new services and extended hours.

I was pleased to be invited to visit Moorlands Court in Melbourn, an extra-care housing site which supports elderly residents with care needs. Provision of quality social care for the elderly is extremely important to me. Moorlands extends its services to the wider community with a day centre, home support and a community meals service. Having spent a day shadowing social services, I wonder if this may be a model for the future.

I met with NFU farmers and representatives from across the constituency in Harlton to discuss the impact of the EU on trade and the rural economy. Agriculture plays a vital role in South Cambs so we need to ensure our farms are economically viable out of the EU.

Progress continues apace at Northstowe. In addition to delivering housing it as an ideal opportunity to deliver apprenticeships. I was disappointed to hear of the number of students leaving our colleges with no apprenticeship to go to and yet hearing from builders they are short of skilled trades. I've had a really positive meeting with a range of key individuals and I'll keep you updated on progress with this.

Please see my website for details of drop-in surgeries: www.heidisouthcambs.co.uk/residents-drop-surgeries or do get in touch if I can help you with anything. You can contact me by phone on 01954 212707 or via email at heidi.allen.mp@parliament.uk.

THE ROYAL BRITISH LEGION BAR HILL BRANCH

The Royal British Legion Bar Hill meets on the 4th Thursday of each month in the Meeting room of the Octagon from 7.30pm.

We are a small friendly group of like-minded people. You don't to have an Armed Forces background to join, just share a common cause of supporting our Service community, now and for the rest of their lives.

Contact Wendy Arrowsmith, Branch Secretary, **01954 781381** for more information.

The Royal British Legion **Raffle** at last month's Fête raised **£141**. The winner of the Hamper was **Heather Marson** and the Fruit and Veg Hamper was won by **Pat Haslop**.

Many thanks to all those who supported us at the event, and to all the helpers on the day.

...did you know...

Salvador Dali would often get out of paying for drinks and meals by drawing on the cheques, making them priceless works of art and therefore un-cashable.

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— FRIENDS OF THE ROSIE —

The Friends of the Rosie Hospital are helping to make the Rosie a more comfortable environment for mothers and babies. If you have any toy stuffing or yarn we are in urgent need of your donation. For up-to-the minute information follow Rosie in Stitches Facebook page.

To all the new fathers in 2016, Happy Father's Day from Rosie in Stitches. Our profit for 2016 is currently at £500. Thank you for your custom at our stalls. See below for where you can shop with us again.

We are at the **Tea Bar at Rosie Hospital Outpatient Clinic** Monday to Friday 9am–4pm.

If you can improve our website, organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers or display a small selection of our wares please contact a member of the committee, details are given on our website.

Thank you for your continued support.

— NEIGHBOURHOOD WATCH —

Scam of the month

When looking for last minute holidays this summer, you could be at risk of travel booking fraud. Having paid for a holiday or flight, you would discover that the holiday / airline ticket does not exist and was sold to you by a bogus travel company. Fraudsters will often lure in potential customers with low prices and 'one time only' offers that are simply too good to pass up, requesting payment by direct bank transfer.

Avoid:

- Responding to unsolicited calls, texts or emails offering holidays at incredibly low prices.
- Paying for tickets or accommodation by direct bank transfer.
- No reputable company will ever request payment by this method.

Protect Yourself:

- Whenever possible, pay by credit card as it offers increased protection.
- Always look for the 'https' and locked padlock icon in the online address bar before entering your payment details.
- Never feel pressured to make a booking for fear that you will miss out on this 'low price' opportunity.
- If you have never used the company before, take time to do some online research to ensure they are reputable.

If you have been affected by this, or any other scam, report it to Action Fraud by calling 0300 123 2040, or visiting www.actionfraud.police.uk.

Pam Vendy, NHW Village Co-ordinator

— THE ALLOTMENT SOCIETY —

Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Rob Lawrence, plot allocator, on 07788 590348. All other allotment matters should be addressed to: bhallotment@hotmail.com.

— MAPLE SURGERY NEWS —

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Hello – please join us in welcoming Lizzie Simpson to our Reception Team.

Free NHS Health Checks – if you are between 40 and 74 years old and have not had an NHS Health Check in the last five years, please contact the Surgery to book your check with the Nurse now.

Emergency/On the Day Appointments – please remember that morning emergency/on the day appointments may be booked any weekday from 8.30am, and afternoon from 1.30pm.

Test Results – telephone requests for blood results will only be accepted after 2pm.

Online Appointments and Repeat Prescriptions – GP appointments and repeat medications can be arranged on our website www.mhmaple.co.uk. Please come to Surgery with one piece of photo ID to obtain a username and password. We can also offer online access to coded data in patient records.

Repeat Prescriptions – please remember to allow two *clear working days for your repeat prescription* requests to be processed.

Shingles vaccinations – if you were aged 70, 71, 72, 78 or 79 on 1st September 2015, please contact the Surgery to arrange an appointment with the Practice Nurse. Please remember that you have this vaccination only once in your life.

The Maple Surgery Team

CANCER PATIENT EXPERIENCE SURVEY

This survey was commissioned by Macmillan and the results were released on 5th July.

Macmillan believes patients' voices should inform the direction of cancer care. It seems they are getting good overall care in the East of England, although almost half of patients said they didn't always find someone to talk to at the hospital if they were worried. It is estimated that 46% of cancer patients in the East of England didn't receive adequate information about the potential long-term side effects of their cancer treatment, and 67% said they didn't receive a care plan, which sets out their treatment to help them deal with their condition.

Everyone with cancer has different needs. Some may require support with long-term side effects, others with mental health issues or money worries. Macmillan is helping ensure that no one faces cancer alone. It is vital that cancer patients have a good care from the moment they experience symptoms, through treatment, and for as long as they need afterwards.

Sustainable change in the healthcare system takes time, so Macmillan will continue to work with patients in partnership with the local NHS, hospitals, local authorities and surgeries to improve patient experience. There are many success stories in the area but more work needs to be done. Macmillan is developing bespoke solutions that meet the needs of patients in the East of England.

For further information, please contact Laura Mathias, Regional Communications Officer, East of England, Macmillan Cancer Support at lmathias@macmillan.org.uk or 07474 544271.

— BAR HILL CHILDMINDERS —

Bar Hill Childminders work as a close network of childcare professionals who offer a warm, friendly and loving home from home environment. We use the comfort of our homes as a base and can also offer your children the opportunities of day trips and range of outdoor experiences and take part in local community events and groups without being confined to one place. We offer flexibility in the hours that we work to suit you and your child's needs with village rates, rather than having set session times.

Your child will receive focused and individual attention and care as we progress them through the EYFS curriculum. Child led play as well as structured and personally thought out activities will encourage them to grow and learn at their own pace taking in to account each child's individual needs.

Before/after school and holiday care for school aged children is available and leaves the stress out of your busy mornings and evenings.

We are Ofsted registered and inspected with 'Good' and 'Outstanding' inspection outcomes and are fully insured. We have access to childcare qualifications including level 3 in childcare. You can feel safe in the knowledge that we all hold Paediatric first aid certificate.

We welcome you to join us and have an informal chat at either of our friendly & inviting 'Little Bunnies' sessions, Tuesdays (£2 per child max £3, under 1's £1) & Thursdays (£2.50 per adult under1's £1) in the Church Octagon 9.45–11.15am term time. Here we offer a wide range of sensory experiences, activities, stories, singing and more...

Childminders: *(those with currents vacancies are starred)*

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Kirsten	07906 218070
Jacky	07718 447998* *(5+yrs)*
Kirsty	07584 168909
Mandy	01954 204223
Carol	01954 780238
Karen	07930 196319* *(5+yrs school hols)*
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www.willinghammedicalpractice.nhs.uk.

...did you know...

Due to the humid and moist conditions a sloth lives in moss and similar plants will sometimes grow in its hair. They also have poor eyesight. These two factors can sometimes culminate in a sloth grabbing its own arm whilst thinking it is a branch, and falling to its death. Awwwwwh...

— BAR HILL CRICKET CLUB —

Two victories over Bluntisham II got our league season kick-started as we managed to dodge the showers and play some cricket, albeit on some soft pitches.

Although one victory was by walkover, the other was a good performance. Skipper Adam Dean led from the front with an innings of 47 in Bar Hill's total of 128 and then took three wickets. Sam Walker took 4 for 12 as Bluntisham were bowled out for 72.

In the only other league match in the month, high-flying Fordham III were to strong and won by seven wickets, although Paul Stimpson scored 49, and Sam Wilson took two wickets in a good opening spell.

It leaves us in a relegation fight, but the matter is in our hands as victories over close rivals can see us stay up.

In the 20-20 Walker Cup, we did well to restrict Cherry Hinton, who play several divisions higher than us, to 131 all out, with three wickets for Sam Clare. However, their bowling was too strong and only Nathan Dean reached double figures as we were all out for 43.

The midweek league team saw a spate of cancellations for various reasons, but friendly matches were played against Girton and Remnants. The standout performance was Chris Howse's innings of 63 against Remnants, which included five sixes.

In the victory over Girton, Tom Yewbrey scored 45 not out, while it was good to see youngsters Jack Williams and Archie Tyrell in action for the first time, both taking a wicket.

Don't forget, we have youth training at the village green every Wednesday from 6–7pm – no experience necessary and all coaching and equipment provided.

Finally, thanks to all those who supported our barbecue at the Village Fête and to the Social Club for the loan of the barbecue. Our next fundraiser is the club duck race – details will be on our website shortly!

Keep an eye on our website for more information about the club – www.barhillcricket.org.uk.

August fixtures:

Saturday 6th August: Histon III (H, league)
Saturday 13th August: Cambridge St Giles III (A, league)
Sunday 21st August: Girton (H, friendly)
Saturday 27th August: Coton (H, league)

***Paul Stimpson*, 01954 201212**

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FLOOD INVESTIGATION REPORT FOR BAR HILL

The Flood Investigation Report for the Bar Hill flood event in **August 2014** has been published. A copy is available on the website: www.barhill.org.

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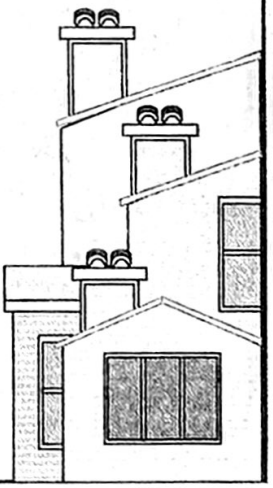

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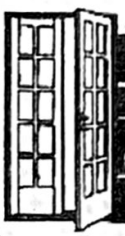

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Sessions will be held in Bar Hill Library at 10.30am on 13th and 27th August.

— GIRLGUIDING IN BAR HILL —

Rainbows (aged 5–7 years) meet on Monday and Wednesday;
Brownies (aged 7–10 years) meet on Tuesday and Wednesday;
Guides (aged 10–15 years) meet on Wednesday.
If you would like to join in the fun, please register at www.girlguiding.org.uk/interested or e-mail barhillguiding@gmail.com.

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— COUNCILLOR NOTES —

There was an **extraordinary meeting of Council** this month to discuss a devolution deal for Cambridgeshire and Peterborough. The deal will bring £20m a year for 30 years as well as £170m over the next five years for affordable housing. Taking this first step also offers devolution of the skills budget, the opportunity to negotiate further devolution of power in the future and enhances the area's eligibility for applications to the Growth Fund. Varying levels of concern were voiced about the requirement for an elected mayor who will lead a cabinet made up of members from each of the constituent authorities. All the local authorities who would be party to the deal have now considered it and have resolved to proceed to public consultation which will start on 4th July. Following consultation a further meeting will take place in October to consider whether to give consent for the Secretary of State to bring forward an Order to establish a Mayoral Combined Authority covering the area of Cambridgeshire and Peterborough. This link will take you to minutes: http://tinyurl.com/h4yh3re.
The Finance & Staffing portfolio holder, with his new responsibility for grants, considered applications for the Community Chest. Grants totalling approximately £12,500 were approved. Please bid for a grant for your group. Agenda pack: http://tinyurl.com/httmafp.
Greater Cambridge City Deal (GCCD) Assembly and Board considered plans to improve public transport, cycling and walking in Cambridge by tackling congestion 'swiftly and effectively'. The aim is to leave the busiest roads free for buses, cycles and pedestrians at rush hour and speed up the commute for people who don't travel by car. The proposal recommends: peak time congestion control points, better public transport, a workplace parking levy, on-street parking controls such as residents parking zones to discourage commuter parking, better cycling infrastructure, smart transport technology, such as 'digital way finding' and real-time traffic alerts, travel planning, and improving the look, feel and experience of public space. The Board also considered the preferred options for bus priority measures and cycling improvements on Histon Road and Milton Road, and a package of five schemes to improve cross city cycling. The proposals for Histon and Milton Roads have attracted a lot of criticism from local residents; the proposal that 100+ trees will be lost to accommodate the changes on Milton Road being particularly contentious. Assembly agenda pack: http://tinyurl.com/j5zqqkh; draft minutes: http://tinyurl.com/j9vo9kj; Board agenda pack and decisions: http://tinyurl.com/jkynk3d.
Planning Committee – among items considered by the **Planning PfH** at his June meeting was a review of the at the way the district council works with local communities who are engaged in preparing Neighbourhood Plans. There is growing interest amongst our local communities to provide parish level plans to sit alongside the Local Plan and the report made recommendations on how the council should move forward to fulfil its statutory duties to advise and support them. The portfolio holder agreed to set up a Neighbourhood Plan Task and Finish Group to oversee this review. The group will include district and parish councillors who will oversee the development of a number of documents including a revised agreement for use between the council and any parish council preparing a Neighbourhood Plan. Agenda pack: http://tinyurl.com/j85v8mm.
Parklife – South Camb's annual free family fun day on 17th July, did you go? Did you enjoy the day? Let us know what you liked best.
The wide range of activities offered at the event were free and include climbing and archery in the Extreme Zone, nest box making and den building in the Wild South Cambs Zone as well as mountain biking in the Cycle Zone.
Please contact us if you need any information or assistance or have any comments:
Bunty Waters: T: 01954 201421 / 07734 690580; E: bunty.waters@ntlworld.com;
Roger Hall: T: 01954 780304; E: roger.hall90@ntlworld.com.

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We offer fully flexible care between **9am–3pm**, for children aged **2–5yrs** and are registered for Nursery Education Funding (NEF) as well as the government scheme '**Funded 2's**'. Please get in touch with Sarah or Michelle to arrange an informal visit.

The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to discovering worms, ladybirds and other creatures that share the area at the setting. We are proud to offer many additional learning experiences for your child with regular visitors to the setting as well as exploring the community around us.

The setting is intimate and comfortable and provides a safe environment for your child to learn and develop with their peers. The indoor area has a quiet corner for reading as well as a range of toys and equipment for your child to discover. We have strong ties with the community through visits to local businesses, the library and the church.

Parent/Carer Partnership

From September we are introducing **Online Learning Journals** where each parent can follow the development of their child in words and pictures via a secure login.

Please contact us on the above telephone numbers or: enquiries@barhillpreschool.co.uk

Our setting manager as well as session allocation coordinator, Sarah, and her deputy Michele are always on hand to support you through the registration process. We look forward to meeting you and your child.

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— COUNTY COUNCILLOR NOTES —

Please may I ask for your support to ensure that you protect yourselves and, particularly, any vulnerable neighbours, friends or relatives against scammers? Criminals are increasingly finding new ways to get their hands on our money. The National Fraud Intelligence Bureau has observed an increase in reports of fraudsters placing fake letter boxes on residential properties. Residents are likely not to notice that this is happening as the fraudsters periodically remove them to access mail which can then be used to open bank accounts or apply for other financial services. If you, or anyone you know, has been affected by a scam, please report it to Action Fraud, 0300 123 2040 or on line at: www.actionfraud.polic.uk.

An extraordinary meeting of Council was convened in June to debate the details of the Cambridgeshire/ Peterborough devolution deal. Five amendments were proposed of which only one was supported. It referred to work being done (a) with district councils on delivery plans for the affordable housing element of the deal and (b) with all constituent bodies on scrutiny and funding of the mayoral office that has been a non-negotiable element of the deal till now. Public consultation on the deal commenced on 4th July. Council will meet in October to consider the responses to the consultation. If you wish to respond: https://www.smartsurvey.co.uk/s/devosurvey/.

The Greater Cambridge City Deal (GCCD) Board was asked to consider a proposal to allow housing built outside village frameworks as a result of permissions given for speculative applications (made due to South Cambridgeshire's five year land supply situation) to be counted as part of the 1,000 additional homes that the GCCD has committed to building. The Board was unwilling to approve either the original proposal or an amended one that only the affordable homes on these sites should count and, as a result, officers will now have to review the proposal.

If you would like to know more about the work of Cambridgeshire County Council, please let me know and I will add you to the circulation of the full report I write monthly for parish councils.

Lynda

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— AUGUST BULLETIN — FROM CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

The school summer holidays are here and we hope you are enjoying time with family, going on holiday or even creating your own adventures at home.

Why not take the opportunity to teach your children about fire safety and design your very own fire escape plan? We recommend every household has a fire escape plan and regularly runs through it with the family – and especially when guests are coming to stay.

Here are a few things to consider when writing yours:

- Everyone should know where the window and door keys are kept.
- Your normal way out of the house is your best escape route, so always keep it clear of clutter. Think of the difficulties you might have using this route in pitch darkness or smoke.
- Walk your escape route with the rest of your family or housemates and make sure everyone can open windows and doors easily.
- If you, your neighbour or family member might be vulnerable or have trouble escaping from their house if there was a fire, get in touch with us to see if we can help by calling **0800 917 9994**.

For the latest news, incidents and safety advice, or to contact us, log on to www.cambsfire.gov.uk. Sign up to email alerts and find us on Twitter, Instagram, YouTube and Facebook.

DO YOU HAVE A DISABILITY?

Or perhaps you know or care for someone who does?

We might be able to help – for free!

Remap helps people of all ages with disabilities, to achieve greater independence and enjoy life more fully. This little girl can now ride her bike as our volunteers make one-off pieces of equipment such as the one in the photo. Find out more at www.remap.org.uk or call our Cambridge branch: 01954 780551 or 01223 570860

Registered Charity Number 113766.

— SEWING SERVICE —

If you have a sewing job you don't fancy doing – or feel you can't do – please call **Lynn** on **01954 201113** and she'll see if she can help.

— BAR HILL COMMUNITY CAR SCHEME —

This scheme is aimed at the residents of Bar Hill who don't have access to a car and struggle with using public transport. It costs only 30p per mile, with a minimum charge of £3.00 per journey. Our drivers are fully insured. Once a journey is booked (**07496 465330**), a volunteer driver will collect you and take you home after your appointment.

If you would like to volunteer, know of someone who would benefit from this scheme, or want to know more about it, please get in touch with Jane Johannessen, Community Development Officer, Care Network, on: T: **01954 211919**; E: jane.j@care-network.org.uk.

– OVER DAY CENTRE – FOR RESIDENTS OF BAR HILL

Over Day Centre can take up to 28 clients every day. Clients can be referred to us via the NHS (typically your GP), by Cambridgeshire Social Services, or privately. Our criteria is that clients must be frail or elderly and come from Over or surrounding villages.

The Centre is open between 9.30am and 3.30pm Monday to Friday, and the first Saturday of each month for our community lunches.

We offer morning coffee and afternoon tea as well as a hot meal at lunchtime. There are a range of activities for clients.

There are close links with the Over GP surgery, for example doctors will come to the Day Centre to see clients if necessary. There is also a prescription collect service by the Pharmacy. There is an on-site hairdressing salon, and we have a specially adapted bath for frailer clients. We also have visits from a foot care specialist and from footwear and clothes retailers. In the summer we take clients on trips, e.g. to Hunstanton or river trips at St Ives.

The Centre is led by Sarah Peck, Centre Manager. Hayley Smith is Head of Care and is supported by two permanent care staff, plus bank staff. There are two cooks, minibus driver, minute secretary and cleaner.

The Centre relies heavily on volunteers and we currently have around 70 who support us either by helping with activities for clients, cooking, providing an escort, driving the minibus or helping with fundraising. Around a quarter of our income comes from donations, grants and fundraising. Our main fundraising event is the May Five Pub Challenge, which is a 12 mile sponsored walk around the Fens. This has been going for six years and attracted 370 walkers this year. Other funding is from client fees and a contract with Cambridgeshire County Council.

The growing awareness of the devastating effects of dementia – and loneliness – among the elderly has made centres like ours even more important.

Any enquires about attending the Day Centre, or volunteering, please contact **Sarah Peck**: tel: **01954 231807**; e-mail: office@overdaycentre.co.uk.

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BAR HILL BABY AND TODDLER GROUP

This is held on **Wednesdays** and **Fridays** from **9.45–11.15am** at the **Octagon**. It is for families and carers with children aged 0–4 years, with a variety of toys and activities for toddlers and pre-schoolers, and a baby area with mats and age appropriate toys. Drinks and snacks are provided.

Prices: Under Ones – £1.00 *(or* FREE *when paying for a sibling over one)*; Over Ones – £2.00.

Maximum charge per family/child-minder – £3.00.

Visit our Facebook page for details of future events.

— LIBRARY NEWS —

Calling all Primary School Children –
Summer Reading Challenge at Bar Hill Library!

We hope you have already signed up to do the challenge but if not, it's still worth joining up to the beginning of August. This will still give you plenty of time to read your six books before the end of the summer holidays.

The theme for the 2016 Summer Reading Challenge is **The Big Friendly Read** to celebrate a hundred years since the birth of Roald Dahl but you can read whatever you like as long as your books are borrowed from the library.

One you have begun, you will receive a log book and then a sticker for every book you come and tell us you have read. At the end of the holidays everyone who completes the Challenge will be awarded a certificate and a medal. These will be presented at a ceremony at the library on **Wednesday 21st September** at **3.45pm** – put it in your diaries now!

Are you Interested in Researching Your Family History?

Every two months we are very pleased to be able to welcome Caroline Norton, from Cambridgeshire Family History Society, into the library to give help to people researching their family history. Caroline's next date is **Monday 19th September** when she will be with us from **10am–4pm**. No appointment is needed, just turn up.

Library members can also access Ancestry and Find Your Past free of charge on the library computers.

— TESCO COMMUNITY TEAM —

We've had another busy month working within the local Community and with charities. It is such a pleasure to be able offer help especially in the form of time. I thoroughly enjoyed helping deliver a fun event for the Ladies and Gents at Happy Hours. The Queen's Birthday themed Garden Party event was a credit to all the hard work of organisers.

In store you may have seen many of us sporting football/ sports shirts at the beginning of June when Tesco went football crazy to raise funds British Heart Foundation and Diabetes UK. Then there were the Britain's Got Talent finalists the Neales who paid us a visit to sing live their debut charity single.

The store has also hosted 2–3 Farm to Fork Trails a week, led by Julie, our Farm to Fork champion. Many children from schools, clubs, scouts and brownies have enjoyed the experience. Julie is now taking bookings for the Autumn term; please see her contact details below.

Looking forward to August when you'll see Rio De Tesco – look out for posters.

So bye for now hope to see you in store or when I'm out and about.

Thanks to those who have donated books – all are gladly accepted! Please leave at customer services.

Karen Taylor, Community Champion, Bar Hill Tesco.
Contact: barhill.communitychampion@gmail.com.
Julie Sheppard, who's responsible for the community room and Farm to Fork trails, can be contacted at barhillcommunityspace@gmail.com.
Andrew Bailey whose role it is to enhance your shopping experience, along with assisted shops when needed, tel: 07858 404103.

DO YOU ENJOY READING YOUR BAR HILL NEWS?

Would you like to help with its production?

Our village magazine is printed and delivered every month except January, and we like to think it provides a useful service to Bar Hill. It's produced entirely by volunteers and we are most grateful to all who help in any way. However, from time to time we need more people to help in various ways, as some of our regular team become unable to continue for one reason or another.

Now is one of those times! We currently need people to help with collating and delivery.

Collating – 100 copies of the magazine takes about an hour, using an electric stapler which we provide. The copies will be delivered to you and we usually ask you to pass them on to someone else in the village for delivery, although we can arrange to collect them if necessary. We are short of one regular collator and we would also like to hear from people who are willing to be on the reserve list to cover occasional absences.

Delivery – is usually to between 40 and 70 houses. We currently need deliverers in **Appletrees** and **Thruffle Way**. Again, we would also like to hear from people who are willing to be on the reserve list.

Thank you very much – I look forward to hearing from you.
Martin Avery: T: 01954 781233; E: m.j.avery@ntlworld.com

CAMBRIDGE PROVIDES A SPECIAL BACKDROP FOR CAMPAIGN VIDEO

Cambridge is helping to cause a buzz around Arthur Rank Hospice Charity's new awareness campaign, Team Arthur. The city provides a vibrant backdrop and colourful protagonists for the 2 minutes 20 seconds video, which gained more than 23,000 views and gathered a Facebook reach of more than 60,000 people in less than a week.

Narrated by BBC broadcaster and Cambridge local Nick Barraclough, the video takes viewers on an alternative tour of Cambridge in 2016, featuring a diverse cast of Cambridge names, including the well-recognised such as Stephen Hawking, the Rosie Hospital and St Catherine's College as well as more locally recognised characters such as Eddie of Eddie's Barber Shop, Harriet of Harriet Kelshall Bespoke Jewellery, Jack of Jack's Gelatos and Franck from Le Gros Franck.

The campaign was conceived after the Charity's CEO Lynn Morgan and Colin Miles, Managing Director of Somersault Video Productions, were seated together last year at an awards dinner. Having heard from Lynn about their quest to raise money for the Hospice's £10.5m build project, Colin and his team were inspired to make it one of their 'projects of passion', delivering the initiative in its entirety as a donation to the Charity.

The joint initiative aims to extend awareness of the special nature of the Cambridgeshire Hospice's care amongst those who may not have previously experienced its services, break down misconceptions and illustrate how integral Arthur Rank Hospice Charity is to the city's life and people. Those watching are invited to share it with their friends, sign up to Team Arthur and visit teamarthur.org to find out more about how they can get involved.

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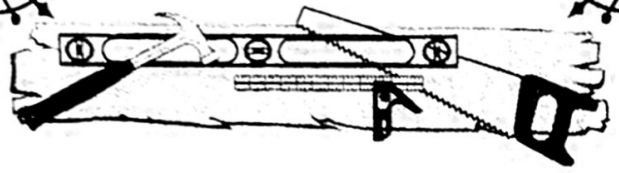

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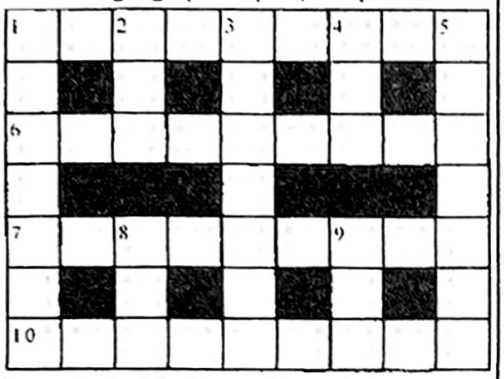
AUGUST CROSSWORD

Across: 1. condenser, 6. artificial grass (5,4), 7. edible flat fish (5,4), 10. plate used at Passover (5,4).

Down: 1. —— Mather, local clergyman, 2. place, position, 3. type of singer, 4. Greek letter, 5. renew, liven up, 8. geographical plan, 9. Japanese sash.



SOLUTION FOR JULY

Across: 1. ceaseless, 6. Edinburgh, 7. derring do, 10. redresses

Down: 1. cheddar, 2. Ali, 3. ebb tide, 4. ear, 5. schools, 8. red, 9. gas.

BIN COLLECTION DATES

Weds. 3rd Aug.	green and blue bins
Weds. 10th Aug.	black bin
Weds. 17th Aug.	green and blue bins
Weds. 24th Aug.	black bin
Thurs. 1st Sept.	green and blue bins
Weds. 7th Sept.	black bin
Weds. 14th Sept.	green and blue bins
Weds. 21st Sept.	black bin
Weds. 28th Sept.	green and blue bins
Weds. 5th Oct.	black bin
Weds. 12th Oct.	green and blue bins
Weds. 19th Oct.	black bin
Weds. 26th Oct.	green and blue bins
Weds. 2nd Nov.	black bin
Weds. 9th Nov.	green and blue bins
Weds. 16th Nov.	black bin
Weds. 23rd Nov.	green and blue bins
Weds. 30th Nov.	black bin

BAR HILL SCHOOL

tel: 01954 273305; fax: 01954 273306;
e-mail: office@barhill.cambs.sch.uk
website: www.barhillschool.co.uk

By the times you read this, the children and staff with be well into their summer holidays!

The Year 6 are excited about moving on to Swavesey Village College and St Bedes after the time spent at these schools in July. They also had the most fantastic residential trip to Hilltop and a great Year 6 Leavers Prom. They are well and truly ready to move on.

We are excited about how well are children have done on their various national exams.

- Reception children achieved 20% higher results this year than achieved nationally last year;
- Year 1 achieved 22% higher results for the phonics screening than achieved nationally last year with 96% of Bar Hill's Year 1 children passing the screening on the first attempt;
- Year 6 achieved the highest results out of all of the schools in the Swavesey cluster and, on average, 10% higher than national results in all of the tests. This makes Bar Hill students more likely to be ready for secondary school than any school in the area and most schools in the country.

Congratulations to the adults and children who worked hard to ensure fantastic learning and such impressive results. When the autumn term rolls around, the children will be more than ready to tackle their next academic year.

I wish you all a good summer holiday and look forward to seeing all the students back on Monday, 5th September!

Yours sincerely

Dr Al Mistrano, Headteacher

RESIDENTS' ASSOCIATION

Interested persons are always welcome at Residents' Association meetings.

They are usually held on the first Tuesday of the month at 8pm in the Parish Council office.

The next meeting is on **6th September.**

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— EVENTS CALENDAR —

date	*event*	*where*	*time*
1 August	Happy Hours – amateur variety show *(page 3)*	Octagon	11am–3pm
4 August	NWR – Research medical procedure *(page 3)*		8pm
8 August	Happy Hours – Old Wives Tales & Old Sayings *(page 3)*	Octagon	11am–3pm
9 August	Health and Wellbeing Club *(page 3)*	Tesco Community Room	2–4pm
12 August	Summer Extravaganza at Bar Hill Sports and Social Club *(page 8)*		
15 August	Happy Hours – Taste the Difference day *(page 3)*	Octagon	11am–3pm
18 August	NWR – Book review: The Einstein Girl *(page 3)*		8pm
22 August	Happy Hours – Bingo and a Quiz *(page 3)*	Octagon	11am–3pm
28 August	"Party on the Park" at Bar Hill Sports and Social Club *(page 1)*		2pm–late
29 August	Happy Hours – NO MEETING *(page 3)*	Octagon	11am–3pm
1 September	NWR – It's all relative *(page 3)*		8pm
1 September	8 O'Clock Club enrolment evening *(page 5)*	Bar Hill School	8pm
3 September	Community Market *(page 3)*	Octagon	10.30am–2pm
5 September	'Sing it Out' restarts *(page 1)*	Octagon	7.30–8.30pm
9 September	Pamper Evening *(details to follow next month)*	Bar Hill School	from 6.45pm

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BAR HILL TAE KWON-DO CLUB

Tae Kwon-Do, the Korean art of self-defence, is suitable for the whole family. Lessons are held at **Bar Hill School** on **Mondays. Junior class** *(beginners' class from 4 years old)* is from 1700–1800; **Junior** and **Adult class** 1800–1930.
Sparring Classes are held on **Sundays** from 1000–1130.
Free taster sessions. Family discount. Text, call or e-mail: Mister Jason Newton, **07745 436806**; jason.newton@btinternet.com; or Sam Dethridge, **07767 697236**; barhilltkdjuniorclass@gmail.com.
Part of the Tae Kwon-Do Association of Great Britain (TAGB).

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